

| Rango | Cat. | Nome Cognome | Anno | Società | Tempo | U20M | M20 | M40 | M50 | M60 | W | W35 | W45 |
|-------|------|--------------------------|------|-----------------|---------|----------|----------|----------|----------|-----|---|----------|-----|
| 1 | A | Emanuele Manzi | 77 | GS Forestale | 0:28:13 | | 1 | | | | | | |
| 2 | A | Paolo Pizzato | 74 | AS Canturina S. | 0:28:53 | | 2 | | | | | | |
| 3 | A | Silvano Turati | 72 | SFG Stabio | 0:28:55 | | 3 | | | | | | |
| 4 | A | Roberto Dimiccoli | 86 | Comacina atl. E | 0:29:35 | | 4 | | | | | | |
| 5 | V1 | Massimo Maffi | 66 | USC | 0:30:21 | | | 1 | | | | | |
| 6 | A | Elia Stampanoni | 77 | USC | 0:31:00 | | 5 | | | | | | |
| 7 | A | Jeanmarc Cattori | 74 | VIRTUS | 0:31:16 | | 6 | | | | | | |
| 8 | A | Andrea Basoli | 72 | Runners Valbos | 0:31:24 | | 7 | | | | | | |
| 9 | J | Vasco Bolis | 90 | VIS NOVA | 0:31:29 | 1 | | | | | | | |
| 10 | V1 | Stefano Maddalena | 68 | O-92 | 0:31:47 | | | 2 | | | | | |
| 11 | A | Michele Salinetti | 72 | USC | 0:31:55 | | 8 | | | | | | |
| 12 | A | Jonathan Stampanoni | 70 | USC | 0:32:08 | | 9 | | | | | | |
| 13 | V1 | Flavio Maniglia | 67 | AT.Team Lario | 0:32:27 | | | 3 | | | | | |
| 14 | A | Marco Terraneo | 75 | ASD Falchi Lec | 0:32:34 | | 10 | | | | | | |
| 15 | A | Telmo Rodriguez | 74 | Moesa Runner | 0:32:39 | | 11 | | | | | | |
| 16 | A | Ivan Pongelli | 78 | VIRTUS | 0:32:46 | | 12 | | | | | | |
| 17 | V1 | Filippo Genovese | 61 | USC | 0:33:14 | | | 4 | | | | | |
| 18 | V1 | Michele Caverzasio | 68 | fresian | 0:33:17 | | | 5 | | | | | |
| 19 | V2 | Claudio Brusorio | 59 | VIRTUS | 0:33:19 | | | | 1 | | | | |
| 20 | V1 | Luca Foglia | 62 | VIRTUS | 0:33:28 | | | 6 | | | | | |
| 21 | V2 | Renato Pegorin | 59 | GP Miralago | 0:33:32 | | | | 2 | | | | |
| 22 | A | Fabio Giudici | 84 | Atl. Rovellasca | 0:33:35 | | 13 | | | | | | |
| 23 | V2 | Aldo Valentini | 59 | Atletica Como | 0:33:40 | | | | 3 | | | | |
| 24 | A | Leonida Stampanoni | 74 | USC | 0:33:45 | | 14 | | | | | | |
| 25 | V1 | Giona Rigatti | 64 | --- | 0:33:55 | | | 7 | | | | | |
| 26 | D35 | Claudia Riem | 71 | USC | 0:34:01 | | | | | | | 1 | |
| 27 | A | Mauro Perseghini | 75 | USC | 0:34:03 | | 15 | | | | | | |
| 28 | V1 | Danilo Lombella | 67 | CSI-Morbegno | 0:34:05 | | | 8 | | | | | |



Domenica, 10 maggio 2009

Rango Cat. Nome Cognome Anno Società Tempo U20M M20 M40 M50 M60 W W35 W45

| | | | | | | | | | | | | | |
|----|----|-----------------------------|----|------------------|---------|----------|----|----|--|----------|--|--|--|
| 29 | V3 | Roberto Orlandini | 45 | US San Pellegri | 0:34:07 | | | | | 1 | | | |
| 30 | V2 | Flavio Mangili | 52 | US San Pellegri | 0:34:08 | | | 4 | | | | | |
| 31 | V1 | Stefano Bernardoni | 65 | USC | 0:34:11 | | | 9 | | | | | |
| 32 | A | Stefano Nogara | 79 | Atl. Cent. Lario | 0:34:14 | | 16 | | | | | | |
| 33 | A | Fabrizio Cocconi | 71 | SPC Camignolo | 0:34:25 | | 17 | | | | | | |
| 34 | J | Davide Croci | 90 | USC | 0:34:39 | 2 | | | | | | | |
| 35 | A | Sergio Bernasconi | 71 | Atletica Como | 0:34:41 | | 18 | | | | | | |
| 36 | V1 | Nicola Ramelli | 63 | --- | 0:34:44 | | | 10 | | | | | |
| 37 | D | Linda Soldini | 77 | GAD Dongio | 0:35:02 | | | | | 1 | | | |
| 38 | V1 | Raffaele Peverelli | 69 | AT.Team Lario | 0:35:04 | | | 11 | | | | | |
| 39 | V2 | Mario Giudici | 52 | Atl. Rovellasca | 0:35:13 | | | 5 | | | | | |
| 40 | V1 | Paolo Didone | 64 | Atletica Verban | 0:35:18 | | | 12 | | | | | |
| 41 | V3 | Dino Bersacola | 49 | RCB | 0:35:45 | | | | | 2 | | | |
| 42 | V1 | Paolo Ghirlanda | 67 | SPC Camignolo | 0:35:51 | | | 13 | | | | | |
| 43 | A | Paolo Piattini | 74 | USC | 0:35:53 | | 19 | | | | | | |
| 44 | A | Raffaele Storni | 86 | USC | 0:35:57 | | 20 | | | | | | |
| 45 | V2 | Mauro Bertola | 58 | CSI-Morbegno | 0:36:01 | | | 6 | | | | | |
| 46 | V1 | Michele Von Wartburg | 66 | SPL | 0:36:07 | | | 14 | | | | | |
| 47 | V2 | Christoph Schindler | 54 | --- | 0:36:11 | | | 7 | | | | | |
| 48 | D | Angela Haldimann-Rie | 82 | VIGOR | 0:36:20 | | | | | 2 | | | |
| 49 | V2 | Mario Maffongelli | 51 | SFG Stabio | 0:36:24 | | | 8 | | | | | |
| 50 | A | Patrick Fumagalli | 73 | Verdelele | 0:36:28 | | 21 | | | | | | |
| 51 | V1 | Alberto Baldoni | 65 | --- | 0:36:41 | | | 15 | | | | | |
| 52 | V2 | Giuseppe Rigamonti | 59 | Atl. Cent. Lario | 0:36:41 | | | 9 | | | | | |
| 53 | V2 | Marco Caldara | 59 | SAM | 0:36:44 | | | 10 | | | | | |
| 54 | V2 | Gennaro Anania | 56 | Atletica Verban | 0:36:48 | | | 11 | | | | | |
| 55 | A | Giacomo Agostini | 79 | --- | 0:36:51 | | 22 | | | | | | |
| 56 | V1 | Davide Jermini | 68 | USC | 0:37:00 | | | 16 | | | | | |



Domenica, 10 maggio 2009

| Rango | Cat. | Nome Cognome | Anno | Società | Tempo | U20M | M20 | M40 | M50 | M60 | W | W35 | W45 |
|-------|------|-------------------------------|------|------------------|---------|------|-----|-----|-----|-----|---|-----|-----|
| 57 | V3 | Marzio Felder | 46 | SPL | 0:37:06 | | | | | 3 | | | |
| 58 | V2 | Giuseppe Crivelli | 57 | Atletica Mendris | 0:37:12 | | | | 12 | | | | |
| 59 | A | Francesco Martina | 71 | Atletica Verban | 0:37:29 | | 23 | | | | | | |
| 60 | A | Maurizio Ott | 76 | --- | 0:37:33 | | 24 | | | | | | |
| 61 | V1 | Carmine Fuschetto | 65 | Moesa Runner | 0:37:36 | | | 17 | | | | | |
| 62 | V1 | Matteo Besomi | 60 | USC | 0:37:45 | | | 18 | | | | | |
| 63 | A | Alessandro Gamboni | 75 | SEV | 0:37:46 | | 25 | | | | | | |
| 64 | D35 | Marcella Giana | 74 | GP Santi Nuova | 0:37:49 | | | | | | | 2 | |
| 65 | V2 | Luciano Gramegna | 55 | Marathon Max | 0:37:52 | | | | 13 | | | | |
| 66 | V2 | Egidio Spini | 54 | Ticino Running | 0:38:03 | | | | 14 | | | | |
| 67 | V1 | Claudio Caccia | 65 | --- | 0:38:06 | | | 19 | | | | | |
| 68 | A | Christian Vigolo | 74 | SPC Camignolo | 0:38:10 | | 26 | | | | | | |
| 69 | J | Eder Giovanelli | 91 | Verdelele | 0:38:11 | 3 | | | | | | | |
| 70 | V1 | Ralf Mureddu | 67 | --- | 0:38:12 | | | 20 | | | | | |
| 71 | A | Oscar Croci | 73 | USC | 0:38:15 | | 27 | | | | | | |
| 72 | D35 | Elisabetta Di Gregorio | 71 | Runners Valbos | 0:38:21 | | | | | | | 3 | |
| 73 | V2 | Fiorenzo Ardia | 58 | USC | 0:38:24 | | | | 15 | | | | |
| 74 | A | Massimo Marta | 73 | Moesa Runner | 0:38:25 | | 28 | | | | | | |
| 75 | V1 | Pierluigi Della Torre | 67 | SFG Biasca | 0:38:31 | | | 21 | | | | | |
| 76 | V3 | Sergio Dattrino | 47 | RCB | 0:38:34 | | | | | 4 | | | |
| 77 | V1 | Janos Iten | 69 | --- | 0:38:38 | | | 22 | | | | | |
| 78 | V2 | Sergio Mona | 50 | RCB | 0:38:42 | | | | 16 | | | | |
| 79 | V3 | Armando Guglielmetti | 46 | SAM | 0:38:47 | | | | | 5 | | | |
| 80 | A | Peter Müller | 70 | --- | 0:38:49 | | 29 | | | | | | |
| 81 | D | Stefania Lupatini | 83 | VIS NOVA | 0:38:50 | | | | | | | 3 | |
| 82 | V1 | Giuseppe Montichiari | 61 | Marathon Max | 0:38:51 | | | 23 | | | | | |
| 83 | V1 | Donato Mondelli | 69 | GS Plesio | 0:38:52 | | | 24 | | | | | |
| 84 | V1 | Lulzim Peci | 67 | SPC Camignolo | 0:38:57 | | | 25 | | | | | |



Domenica, 10 maggio 2009

| Rango | Cat. | Nome Cognome | Anno | Società | Tempo | U20M | M20 | M40 | M50 | M60 | W | W35 | W45 |
|-------|------------|----------------------|------|-----------------|---------|------|-----|-----|-----|-----|---|-----|----------|
| 85 | A | Thomas Romanski | 85 | --- | 0:39:01 | | 30 | | | | | | |
| 86 | V2 | Bruno Antonietti | 52 | SAM | 0:39:02 | | | | 17 | | | | |
| 87 | V1 | Mauro Gaffuri | 69 | --- | 0:39:16 | | | 26 | | | | | |
| 88 | A | Pascal Campana | 70 | --- | 0:39:23 | | 31 | | | | | | |
| 89 | V1 | Marco Negri | 65 | Atletica Verban | 0:39:25 | | | 27 | | | | | |
| 90 | V1 | Pietro Vella | 65 | Atletica Como | 0:39:29 | | | 28 | | | | | |
| 91 | V2 | Giorgio Muri | 55 | --- | 0:39:30 | | | | 18 | | | | |
| 92 | V1 | Giorgio Porta | 60 | CSI-Morbegno | 0:39:31 | | | 29 | | | | | |
| 93 | V1 | Alberto Manetti | 63 | RCB | 0:39:32 | | | 30 | | | | | |
| 94 | V2 | Ettore Mini | 59 | USC | 0:39:33 | | | | 19 | | | | |
| 95 | V1 | Giorgio Triacca | 66 | Aermacchi | 0:39:38 | | | 31 | | | | | |
| 96 | V2 | Marco Borla | 54 | SPC Camignolo | 0:39:41 | | | | 20 | | | | |
| 97 | V2 | Soccorso Cresta | 56 | USC | 0:39:45 | | | | 21 | | | | |
| 98 | A | Daniele Pacchiani | 82 | USC | 0:40:00 | | 32 | | | | | | |
| 99 | V1 | Raffaele Petralli | 68 | USC | 0:40:06 | | | 32 | | | | | |
| 100 | A | Rocco Guidotti | 71 | Verdelele | 0:40:11 | | 33 | | | | | | |
| 101 | V2 | Fausto Mottalini | 51 | Marathon 2002 | 0:40:29 | | | | 22 | | | | |
| 102 | V2 | Nelson Candolfi | 59 | SPL | 0:40:32 | | | | 23 | | | | |
| 103 | D | Gloria Giudici | 87 | Atl. Rovellasca | 0:40:36 | | | | | | 4 | | |
| 104 | A | Gianluca Citterio | 74 | GP Santi Nuova | 0:40:37 | | 34 | | | | | | |
| 105 | A | Maurizio Pozzoni | 78 | --- | 0:40:47 | | 35 | | | | | | |
| 106 | V1 | Claudio Santamaria | 60 | SPL | 0:40:53 | | | 33 | | | | | |
| 107 | A | Stefano Reiser | 89 | USC | 0:41:05 | | 36 | | | | | | |
| 108 | V2 | Franco Baroni | 57 | USC | 0:41:06 | | | | 24 | | | | |
| 109 | V1 | Michele Tomasone | 64 | SAM | 0:41:15 | | | 34 | | | | | |
| 110 | A | Manuel Gervasoni | 72 | Podismo&Cazze | 0:41:18 | | 37 | | | | | | |
| 111 | D45 | Rita Grisotto | 63 | Runners Valbos | 0:41:20 | | | | | | | | 1 |
| 112 | A | Giuliano Hernandez | 71 | USC | 0:41:21 | | 38 | | | | | | |



Domenica, 10 maggio 2009

29 Edizione Tesserete-Gola di Lago - 7,2 Km 494 m dsl.

| Rango | Cat. | Nome Cognome | Anno | Società | Tempo | U20M | M20 | M40 | M50 | M60 | W | W35 | W45 |
|-------|------------|------------------------|------|-------------------|---------|------|-----|-----|-----|-----|---|-----|----------|
| 113 | V2 | Luciano Bolis | 57 | VIS NOVA | 0:41:22 | | | | 25 | | | | |
| 114 | V2 | Marco Pongelli | 55 | SPC Camignolo | 0:41:23 | | | | 26 | | | | |
| 115 | V1 | Maurizio Gambacorta | 69 | --- | 0:41:35 | | | 35 | | | | | |
| 116 | V3 | Renato Capezzoli | 43 | SAM | 0:41:37 | | | | | 6 | | | |
| 117 | V1 | William Pagnoncelli | 65 | RCB | 0:41:49 | | | 36 | | | | | |
| 118 | A | Lorenzo Clementi | 82 | --- | 0:41:50 | | 39 | | | | | | |
| 119 | V1 | Enzo Degiorgi | 66 | Quadrifoglio | 0:41:51 | | | 37 | | | | | |
| 120 | V2 | Stefano Manetti | 51 | SPC Camignolo | 0:41:52 | | | | 27 | | | | |
| 121 | V2 | Giancarlo Airoidi | 51 | --- | 0:41:55 | | | | 28 | | | | |
| 122 | A | Daniele Maffi | 76 | USC | 0:42:03 | | 40 | | | | | | |
| 123 | V1 | Tom Cantamessi | 69 | USC | 0:42:08 | | | 38 | | | | | |
| 124 | D45 | Mara Rossinelli | 60 | RCB | 0:42:34 | | | | | | | | 2 |
| 125 | V1 | Eliseo Amaro | 65 | As Savosa | 0:42:39 | | | 39 | | | | | |
| 126 | J | Gabriele Cresta | 97 | USC | 0:42:45 | 4 | | | | | | | |
| 127 | V2 | Walter Pietropoli | 51 | --- | 0:42:47 | | | | 29 | | | | |
| 128 | V1 | Stefano Lorenzetti | 69 | Swiss Running | 0:42:54 | | | 40 | | | | | |
| 129 | D45 | Marina Carrara | 61 | US San Pellegrino | 0:42:56 | | | | | | | | 3 |
| 130 | V1 | Stefano Rinaldi | 68 | --- | 0:43:01 | | | 41 | | | | | |
| 131 | V2 | Antonio Romano | 58 | --- | 0:43:08 | | | | 30 | | | | |
| 132 | V1 | Danilo Notarianni | 67 | --- | 0:43:09 | | | 42 | | | | | |
| 133 | A | Christian Gobbin | 76 | BRC SA | 0:43:14 | | 41 | | | | | | |
| 134 | V1 | Giuseppe Rottigni | 69 | --- | 0:43:15 | | | 43 | | | | | |
| 135 | V1 | Fabrizio Galli | 62 | USC | 0:43:18 | | | 44 | | | | | |
| 136 | D35 | Alexia Aprile | 69 | Runners Valbos | 0:43:26 | | | | | | | 4 | |
| 137 | V2 | Francesco Kliner | 58 | --- | 0:43:48 | | | | 31 | | | | |
| 138 | A | Luca Luisoni | 70 | --- | 0:43:54 | | 42 | | | | | | |
| 139 | D | Vanessa Singerberger | 81 | --- | 0:43:57 | | | | | | 5 | | |
| 140 | D45 | Lucia Fanchi | 49 | Marathon 2002 | 0:44:07 | | | | | | | | 4 |



Domenica, 10 maggio 2009

| Rango | Cat. | Nome Cognome | Anno | Società | Tempo | U20M | M20 | M40 | M50 | M60 | W | W35 | W45 |
|-------|------|--------------------------|------|---------------|---------|------|-----|-----|-----|-----|---|-----|-----|
| 141 | A | Manuel Donati | 78 | --- | 0:44:11 | | 43 | | | | | | |
| 142 | A | Livio Rimoldi | 80 | Carbofer Team | 0:44:14 | | 44 | | | | | | |
| 143 | J | Filippo Rossi | 90 | --- | 0:44:21 | 5 | | | | | | | |
| 144 | V1 | Sergio Vecchi | 60 | USC | 0:44:23 | | 45 | | | | | | |
| 145 | V1 | Dante Lorenzetti | 62 | USC | 0:44:26 | | 46 | | | | | | |
| 146 | D35 | Patrizia Besomi-Piattini | 72 | USC | 0:44:33 | | | | | | | 5 | |
| 147 | V1 | Giacomo Pesenti | 66 | USC | 0:44:35 | | 47 | | | | | | |
| 148 | V1 | Marco Da Rold | 65 | --- | 0:44:49 | | 48 | | | | | | |
| 149 | V1 | Denis De Monte | 63 | SAM | 0:44:59 | | 49 | | | | | | |
| 150 | V2 | Fausto Pozzi | 52 | --- | 0:45:07 | | | | 32 | | | | |
| 151 | V2 | Mauro Lupatini | 54 | RCB | 0:45:15 | | | | 33 | | | | |
| 152 | A | Massimo Micarelli | 70 | Banca Stato | 0:45:20 | | 45 | | | | | | |
| 153 | D45 | Maria Soldini | 52 | USC | 0:45:22 | | | | | | | | 5 |
| 154 | A | Nadir Caduff | 83 | --- | 0:45:32 | | 46 | | | | | | |
| 155 | D | Giosiana Codoni | 83 | --- | 0:45:33 | | | | | | 6 | | |
| 156 | V3 | Waldo Ponzio | 44 | --- | 0:45:49 | | | | | 7 | | | |
| 157 | D | Martina Scholz | 78 | --- | 0:45:51 | | | | | | 7 | | |
| 158 | A | Valerio Teppati | 73 | Carbofer Team | 0:45:53 | | 47 | | | | | | |
| 159 | A | Eric Pongelli | 85 | SorencinoI | 0:46:11 | | 48 | | | | | | |
| 160 | D45 | Carla Bolis | 59 | O-92 | 0:46:16 | | | | | | | | 6 |
| 161 | D45 | Gloria Cerutti | 60 | Atletica 3 V | 0:46:20 | | | | | | | | 7 |
| 162 | V2 | Walter Rodoni | 53 | GAD Dongio | 0:46:30 | | | | 34 | | | | |
| 163 | D | Tania Morosoli | 78 | --- | 0:46:42 | | | | | | 8 | | |
| 164 | V2 | Ivan Rossi | 57 | --- | 0:46:45 | | | | 35 | | | | |
| 165 | V1 | Tiziano Crotta | 63 | --- | 0:46:47 | | | 50 | | | | | |
| 166 | A | Michele Camnasio | 71 | --- | 0:46:48 | | 49 | | | | | | |
| 167 | A | Nemorino Gianotti | 74 | USC | 0:47:01 | | 50 | | | | | | |
| 168 | D | Natascia Aiani | 75 | --- | 0:47:04 | | | | | | 9 | | |



Domenica, 10 maggio 2009

| Rango | Cat. | Nome Cognome | Anno | Società | Tempo | U20M | M20 | M40 | M50 | M60 | W | W35 | W45 |
|-------|------|-------------------------|------|-----------------|---------|------|-----|-----|-----|-----|----|-----|-----|
| 169 | V1 | Michele Tomasini | 67 | --- | 0:47:06 | | | 51 | | | | | |
| 170 | A | Michele Clivio | 72 | Varese triatlon | 0:47:09 | | 51 | | | | | | |
| 171 | V1 | Paolo Rezzonico | 62 | --- | 0:47:15 | | | 52 | | | | | |
| 172 | J | Sandro Gaggini | 91 | --- | 0:47:36 | 6 | | | | | | | |
| 173 | D | Barbara Lucchini | 80 | Carbofer Team | 0:47:38 | | | | | | 10 | | |
| 174 | V3 | Nicola Carenini | 47 | RCB | 0:47:49 | | | | | 8 | | | |
| 175 | A | Samuel Bralla | 78 | USC | 0:47:50 | | 52 | | | | | | |
| 176 | V2 | Umberto Odermatt | 58 | SPL | 0:47:52 | | | | 36 | | | | |
| 177 | V3 | Armando Ardia | 49 | USC | 0:48:10 | | | | | 9 | | | |
| 178 | D | Petra Taddei | 79 | GAD Dongio | 0:48:12 | | | | | | 11 | | |
| 179 | V2 | Franco Pellegatta | 54 | CSI-Morbegno | 0:48:16 | | | | 37 | | | | |
| 180 | A | Simone Gilardoni | 78 | --- | 0:48:33 | | 53 | | | | | | |
| 181 | D | Valentina Scarlioni | 84 | USC | 0:48:40 | | | | | | 12 | | |
| 182 | V3 | Sebastiano Carpentieri | 39 | Polisp.Campion | 0:49:03 | | | | | 10 | | | |
| 183 | D45 | Emanuela Cacciabue | 62 | USC | 0:49:24 | | | | | | | | 8 |
| 184 | V2 | Piergorgio Guidotti | 52 | GS Molinera | 0:49:31 | | | | 38 | | | | |
| 185 | D | Elisa Chiapuzzi | 79 | GAD Dongio | 0:49:40 | | | | | | 13 | | |
| 186 | V1 | Fabrizio Sala | 65 | Cornè Banca | 0:50:18 | | | 53 | | | | | |
| 187 | D45 | Pierina Ardia | 56 | --- | 0:50:33 | | | | | | | | 9 |
| 188 | A | Jonny Bachofner | 75 | --- | 0:50:40 | | 54 | | | | | | |
| 189 | A | Raffaele Ferrari-Alfons | 74 | --- | 0:51:06 | | 55 | | | | | | |
| 190 | A | Luca Mini | 75 | --- | 0:51:09 | | 56 | | | | | | |
| 191 | D | Daniela Agostini | 77 | --- | 0:51:10 | | | | | | 14 | | |
| 192 | V1 | Emanuele Clò | 63 | --- | 0:51:14 | | | 54 | | | | | |
| 193 | V2 | Domenico Fraschina | 59 | --- | 0:51:26 | | | | 39 | | | | |
| 194 | V1 | Renato Belotti | 62 | --- | 0:51:37 | | | 55 | | | | | |
| 195 | A | Alessandro Fontana | 79 | --- | 0:51:47 | | 57 | | | | | | |
| 196 | V1 | Jean Meier | 61 | --- | 0:52:08 | | | 56 | | | | | |



Domenica, 10 maggio 2009

| Rango | Cat. | Nome Cognome | Anno | Società | Tempo | U20M | M20 | M40 | M50 | M60 | W | W35 | W45 |
|-------|------|-------------------------|------|------------------|---------|------|-----|-----|-----|-----|----|-----|-----|
| 197 | D35 | Joelle Scheurer Cocconi | 73 | --- | 0:52:15 | | | | | | | 6 | |
| 198 | D45 | Pilar Espi | 64 | RCB | 0:52:54 | | | | | | | | 10 |
| 199 | V2 | Athos Calanchini | 55 | --- | 0:53:07 | | | | 40 | | | | |
| 200 | D45 | Cornelia Antonietti | 54 | SAM | 0:53:50 | | | | | | | | 11 |
| 201 | A | Luigi Bettoni | 70 | --- | 0:53:51 | | 58 | | | | | | |
| 202 | A | Raffaele Colombo | 74 | --- | 0:54:05 | | 59 | | | | | | |
| 203 | A | Matteo Parisi | 89 | --- | 0:54:06 | | 60 | | | | | | |
| 204 | A | Marzio Besomi | 87 | USC | 0:54:17 | | 61 | | | | | | |
| 205 | V3 | Edmund Ermertz | 37 | Runner's club Ti | 0:54:28 | | | | | 11 | | | |
| 206 | V2 | Giacomo Pedretti | 57 | --- | 0:54:35 | | | | 41 | | | | |
| 207 | V1 | Paolo Perucco | 66 | --- | 0:54:54 | | | 57 | | | | | |
| 208 | D45 | Mechthil Morawietz | 62 | --- | 0:55:13 | | | | | | | | 12 |
| 209 | D35 | Manuela Fuschetto | 69 | Moesa Runner | 0:55:22 | | | | | | | 7 | |
| 210 | D45 | Francine Rezzonico | 63 | USC | 0:55:39 | | | | | | | | 13 |
| 211 | D | Martina Beretta | 88 | --- | 0:55:43 | | | | | | 15 | | |
| 212 | D | Luana Lafranchi | 84 | SPC Camignolo | 0:56:06 | | | | | | 16 | | |
| 213 | D | Varsa Antonietti | 94 | SAM | 0:57:39 | | | | | | 17 | | |
| 214 | V3 | Giuseppe Dassie | 36 | Sci club Rodi Fi | 0:58:35 | | | | | 12 | | | |
| 215 | V3 | Gianni Gianocca | 49 | --- | 0:58:39 | | | | | 13 | | | |
| 216 | D | Muriel Hendrichs | 83 | --- | 0:58:45 | | | | | | 18 | | |
| 217 | D | Tripti Antonietti | 96 | SAM | 0:58:59 | | | | | | 19 | | |
| 218 | D | Carolina Besomi | 98 | USC | 0:59:00 | | | | | | 20 | | |
| 219 | V2 | Eric Wanner | 52 | USC | 0:59:28 | | | | 42 | | | | |
| 220 | V2 | Sandro Fenini | 57 | --- | 1:00:13 | | | | 43 | | | | |
| 221 | V3 | Ernesto Hengge | 45 | SPC Camignolo | 1:07:17 | | | | | 14 | | | |
| 222 | D | Monica Gobbi | 87 | USC | 1:08:51 | | | | | | 21 | | |
| 223 | A | Gioele Pellegrini | 84 | USC | 1:10:34 | | 62 | | | | | | |
| 224 | A | Claudio Pacchiani | 88 | USC | 1:10:35 | | 63 | | | | | | |



Domenica, 10 maggio 2009



Classifica

29 Edizione Tesserete-Gola di Lago - 7,2 Km 494 m dsl.

| Rango | Cat. | Nome Cognome | Anno | Società | Tempo | U20M | M20 | M40 | M50 | M60 | W | W35 | W45 |
|-------|------|---------------------------|------|-----------------|---------|------|-----|-----|-----|-----|---|-----|-----|
| 225 | D35 | Graziella Liuzzo | 67 | Atletica Verban | 2:00:00 | | | | | | | 8 | |
| 226 | D45 | Antonella Serra | 63 | Atletica Verban | 2:00:00 | | | | | | | | 14 |
| 227 | D35 | Celine Knupfer | 71 | --- | 2:00:00 | | | | | | | 9 | |
| 228 | D35 | Sabrina Ferrari | 74 | --- | 2:00:00 | | | | | | | 10 | |
| 229 | A | Antonio Colucci | 72 | USC | 2:00:00 | | 64 | | | | | | |
| 230 | J | Alessandro Angelo Bianc91 | --- | --- | 2:00:00 | 7 | | | | | | | |
| 231 | D35 | Doriana Cattani | 70 | --- | 2:00:00 | | | | | | | 11 | |



Domenica, 10 maggio 2009