



tesserete-
gola di lago

Risultati

44^a Tesserete — Gola di Lago

Sabato 18 aprile 2026

Prova valida per la Coppa ASTi Montagna



Organizzazione:

USC Capriaschese sezione atletica



Tesserete - Gola di Lago

Data
Gara
Luogo

18/04/2026
COPPA MONTAGNA
Tesserete

Generale

pos	pett.	atleta	anno	sex	cat.	p.cat	team	naz	race time	real time	gap	media
1	12	ELIA Andrea	1994	M	M20	1	A. S. D. LA RECASTELLO	ITA	0:25:51	0:25:51		
2	64	MAGRI Luca	1990	M	M20	2	LA RECASTELLO	ITA	0:28:24	0:28:24	+2:34	
3	66	OEHEN Lukas	1986	M	M40	1	GAB	SUI	0:30:44	0:30:44	+4:53	
4	79	BONZI Vivien	2001	F	W20	1	BROOKS TRAIL RUNNERS	ITA	0:31:14	0:31:14	+5:23	
5	80	DELORENZI Roberto	1997	M	M20	3	USC CAPRIASCHESE	SUI	0:31:14	0:31:14	+5:24	
6	18	LARDI Michele	1996	M	M20	4	USC CAPRIASCHESE	SUI	0:31:44	0:31:44	+5:54	
7	83	OLIVA Jonas	2006	M	M20	5	GAB BELLINZONA	SUI	0:32:07	0:32:07	+6:17	
8	36	DOMENICONI Alex	1979	M	M40	2	USC CAPRIASCHESE	SUI	0:32:39	0:32:39	+6:48	
9	35	DEMASI Danilo	1989	M	M20	6	SAM	SUI	0:33:01	0:33:01	+7:11	
10	8	CELLERINO Daniel	1998	M	M20	7	SFG BIASCA	SUI	0:33:35	0:33:35	+7:45	
11	13	STAMPANONI Elia	1977	M	M40	3	USC CAPRIASCHESE	SUI	0:33:48	0:33:48	+7:57	
12	34	PREMOLI Marco	1966	M	M60	1		ITA	0:34:20	0:34:20	+8:30	
13	99	STAMPANONI Paola	1985	F	W40	1	PINI MOUNTAIN RACING	SUI	0:34:25	0:34:25	+8:35	
14	45	ZANETTI Alessandro	1982	M	M40	4	USC CAPRIASCHESE	SUI	0:34:35	0:34:35	+8:44	
15	110	FRASCHINA Nicola	1990	M	M20	8	FC STELLA	SUI	0:35:41	0:35:41	+9:51	
16	75	GYGAX Samuele	2010	M	U20M	1	FRECCE GIALLE MALCANTONE	SUI	0:36:07	0:36:07	+10:17	
17	84	OLIVA Loris	1975	M	M50	1	TEAM FAMILY RUN	SUI	0:36:10	0:36:10	+10:20	
18	117	HAMED Harem	1983	M	M40	5		SUI	0:36:14	0:36:14	+10:23	
19	59	HORN Lorenz	1978	M	M40	6	CDO BIKE & RUN	GER	0:36:17	0:36:17	+10:27	
20	42	GIANOTTI Mattia	2010	M	U20M	2	USC CAPRIASCHESE	SUI	0:36:23	0:36:23	+10:33	
21	76	PURICELLI Christian	1985	M	M40	7		SUI	0:36:38	0:36:38	+10:48	
22	32	BADER Alessandro	1976	M	M50	2	USC CAPRIASCHESE	SUI	0:36:45	0:36:45	+10:55	
23	56	POLTI Lino	1963	M	M60	2	RC BELLINZONA	SUI	0:36:47	0:36:47	+10:57	
24	126	FORNI Ruben	1975	M	M50	3	ILE FORMA	SUI	0:36:54	0:36:54	+11:04	
25	127	GEMPERLE Serafino	1976	M	M50	4	TRIATHLON TEAM TICINO	SUI	0:37:12	0:37:12	+11:22	
26	41	VOLGER Gionata	1974	M	M50	5	USC CAPRIASCHESE	SUI	0:37:17	0:37:17	+11:27	
27	95	BUTTI Noris	1979	M	M40	8		ITA	0:37:21	0:37:21	+11:31	
28	25	PETRILLI Maurizio	1980	M	M40	9		SUI	0:37:24	0:37:24	+11:33	
29	39	STAMPANONI Jonathan	1970	M	M50	6	USC CAPRIASCHESE	SUI	0:37:25	0:37:25	+11:35	
30	92	STREPPARAVA Mauro	1977	M	M40	10	ATLETICA PIDAGGIA 1528	ITA	0:37:37	0:37:37	+11:47	
31	103	SINGENBERGER Martino	1985	M	M40	11		SUI	0:37:41	0:37:41	+11:51	
32	67	CATTANEO Giacomo	1988	M	M20	9		SUI	0:37:54	0:37:54	+12:04	
33	97	SERAFINI Susanna	1974	F	W50	1	KEFORMA TEAM	SUI	0:38:01	0:38:01	+12:11	
34	106	MERONI Alberto	1970	M	M50	7	KEFORMA TEAM	SUI	0:38:01	0:38:01	+12:11	
35	68	BRAGAGNOLO Jeannette	1971	F	W50	2	GAB BELLINZONA	SUI	0:38:11	0:38:11	+12:21	
36	98	DE SAVELLI Luca	1995	M	M20	10		SUI	0:38:12	0:38:12	+12:22	
37	62	SARINELLI Tiziano	1985	M	M40	12	SAM MASSAGNO	SUI	0:38:15	0:38:15	+12:24	
38	74	POLA Isaac	2008	M	U20M	3	US ASCONA	SUI	0:38:31	0:38:31	+12:41	
39	43	SCARLIONI Samuele	1987	M	M20	11	USC CAPRIASCHESE	SUI	0:38:38	0:38:38	+12:47	
40	54	GAMBONINI Davide	1968	M	M50	8	GAB	SUI	0:38:56	0:38:56	+13:06	
41	38	TORRI Andrea	1992	M	M20	12		ITA	0:39:14	0:39:14	+13:23	
42	108	STORNI Raffaele	1986	M	M40	13	USC CAPRIASCHESE	SUI	0:39:23	0:39:23	+13:32	
43	15	BERNHARD Simone	2012	M	U20M	4	GIORGIO E DENISE BERNHARD	SUI	0:39:34	0:39:34	+13:44	
44	5	STAMPANONI Leonida	1974	M	M50	9	USC CAPRIASCHESE	SUI	0:39:35	0:39:35	+13:45	
45	88	MACCONI Guido	1980	M	M40	14	USC CAPRIASCHESE	SUI	0:39:37	0:39:37	+13:47	
46	125	OBERTI Marco	1964	M	M60	3	CDO BIKE E RUN	SUI	0:39:40	0:39:40	+13:50	
47	72	CASCIA Diego	1980	M	M40	15	SAM MASSAGNO	ITA	0:39:56	0:39:56	+14:05	
48	104	WIDMER Claudio	1980	M	M40	16		SUI	0:40:07	0:40:07	+14:17	
49	9	BERTOZZI Elisa	2000	F	W20	2	USC CAPRIASCHESE	SUI	0:40:11	0:40:11	+14:21	
50	65	CAMPORATI Antonio	1971	M	M50	10	SAM MASSAGNO	SUI	0:40:17	0:40:17	+14:27	
51	31	BRUMANA Fabiano Flavio	1993	M	M20	13		SUI	0:40:18	0:40:18	+14:28	
52	26	GADONI Valeria	1981	F	W40	2	USC	SUI	0:40:21	0:40:21	+14:31	
53	63	RAMELLI Nicola	1963	M	M60	4	SAL	SUI	0:40:33	0:40:33	+14:43	
54	37	DOMENICONI Nicolò	2013	M	U20M	5	USC CAPRIASCHESE	SUI	0:41:07	0:41:07	+15:17	
55	57	POLTI Ylenia	1972	F	W50	3	RC BELLINZONA	SUI	0:41:19	0:41:19	+15:29	
56	55	BERTOZZI Silvano	1968	M	M50	11	USC CAPRIASCHESE	SUI	0:41:22	0:41:22	+15:32	
57	85	OLIVA Aline	2009	F	W20	3	GAD DONGIO	SUI	0:41:41	0:41:41	+15:51	
58	52	NUSSIO David	1978	M	M40	17	USC CAPRIASCHESE	SUI	0:41:44	0:41:44	+15:54	
59	44	MUREDDU Ralf	1967	M	M50	12	USC CAPRIASCHESE	SUI	0:41:44	0:41:44	+15:54	

Generale

pos	pett.	atleta	anno	sex	cat.	p.cat	team	naz	race time	real time	gap	media
60	77	PIATTINI Paolo	1974	M	M50	13	USC CAPRIASCHESE	SUI	0:41:59	0:41:59	+16:09	
61	102	VABANESI Jgor	1980	M	M40	18	PORSCEI SELVADIGH	SUI	0:42:03	0:42:03	+16:13	
62	50	DOMENICONI Lia	1990	F	W20	4		AFG	0:42:08	0:42:08	+16:18	
63	69	MAINETTI Filippo	1995	M	M20	14	CROCE VERDE BELLINZONA	SUI	0:42:28	0:42:28	+16:37	
64	20	BRUSORIO Claudio	1959	M	M60	5	SFG BIASCA	SUI	0:42:28	0:42:28	+16:38	
65	121	BOZZINI Ivano	1993	M	M20	15	GREINA TEAM	SUI	0:42:42	0:42:42	+16:52	
66	96	TRAPLETTI Giulia	1997	F	W20	5	TASSI DEL MALCANTONE	SUI	0:42:57	0:42:57	+17:07	
67	3	BIANCHI Daniele	1988	M	M20	16		SUI	0:43:30	0:43:30	+17:40	
68	114	BRALLA Samuel	1978	M	M40	19	BRADIPI DEL GAZZIROLA	SUI	0:43:56	0:43:56	+18:06	
69	116	SONVICO Pietro	2011	M	U20M	6		SUI	0:43:58	0:43:58	+18:07	
70	115	ALLIO Maxime	2010	M	U20M	7	ASCO LUGANO	SUI	0:44:02	0:44:02	+18:12	
71	6	BALMELLI Daniele	1977	M	M40	20	GORT RODI -TREMORGIO	SUI	0:44:08	0:44:08	+18:18	
72	48	SAVI Roberto	2003	M	M20	17		SUI	0:44:32	0:44:32	+18:42	
73	86	SGARBANTI Claudio	1974	M	M50	14	RC BELLINZONA	ITA	0:45:02	0:45:02	+19:11	
74	109	ROVELLI Lorenzo	1988	M	M20	18		SUI	0:45:15	0:45:15	+19:25	
75	47	MANGILI Flavio	1952	M	M70	1	ASD RECASTELLO	ITA	0:45:22	0:45:22	+19:32	
76	51	QUARANTINI Sara	1989	F	W20	6	RCB BELLIZONA	SUI	0:45:23	0:45:23	+19:33	
77	112	CROCI Alessandro	2011	M	U20M	8		SUI	0:45:29	0:45:29	+19:39	
78	24	KATHARINA Wangler	1967	F	W50	4	RC BELLINZONA	SUI	0:45:37	0:45:37	+19:46	
79	14	BERETTA Adriano	1970	M	M50	15	SP LOCARNESE	SUI	0:45:47	0:45:47	+19:57	
80	94	CRIVELLI Elio	1965	M	M60	6	OCR TICINO	SUI	0:46:02	0:46:02	+20:11	
81	29	MARTINELLI Luca	1995	M	M20	19		SUI	0:46:13	0:46:13	+20:22	
82	17	SCHOLZ Martina	1978	F	W40	3	GREINA TRAIL	SUI	0:46:16	0:46:16	+20:25	
83	90	STEPANOVA Natalya	1984	F	W40	4	SAL LUGANO	SUI	0:46:19	0:46:19	+20:29	
84	46	CAVALLI Giovanna	1959	F	W60	1	ATLETICA CASONE NOCETO	ITA	0:46:32	0:46:32	+20:41	
85	105	ODUN Luca	1979	M	M40	21		SUI	0:46:55	0:46:55	+21:05	
86	60	CAISSUTTI Giosuè	2012	M	U20M	9	USC CAPRIASCHESE	SUI	0:47:02	0:47:02	+21:12	
87	71	POGGIATI Roberto	1956	M	M70	2	C.O. AGET LUGANO	SUI	0:47:23	0:47:23	+21:33	
88	93	CONZA Lisa	1983	F	W40	5	SAM MASSAGNO	SUI	0:48:10	0:48:10	+22:20	
89	58	ARDIA Fiorenzo	1958	M	M60	7	USC CAPRIASCHESE	SUI	0:48:28	0:48:28	+22:38	
90	16	REYMOND Manuela	1979	F	W40	6	TEAM GREINA TRAIL	SUI	0:48:33	0:48:33	+22:43	
91	82	SCHWANK Luca	1971	M	M50	16	GOLD SAVOSA	SUI	0:49:34	0:49:34	+23:44	
92	70	RIGAMONTI Sonja	1986	F	W40	7	CROCE VERDE BELLINZONA	SUI	0:49:50	0:49:50	+24:00	
93	101	DANESI Lara	1979	F	W40	8	PURSCEI SELVADIGH	SUI	0:50:13	0:50:13	+24:23	
94	81	TUNESI SCHWANK Barbara	1975	F	W50	5	ASCO LUGANO	SUI	0:50:23	0:50:23	+24:33	
95	107	BOTTINI Alessandra	1998	F	W20	7		SUI	0:50:35	0:50:35	+24:45	
96	30	MURI Giorgio	1955	M	M70	3	RC BELLINZONA	SUI	0:50:38	0:50:38	+24:47	
97	89	ZANZI Gabriele	1963	M	M60	8		SUI	0:50:53	0:50:53	+25:03	
98	111	CROCI Oscar	1973	M	M50	17		SUI	0:51:01	0:51:01	+25:10	
99	100	NEGRETTI Emma	1998	F	W20	8		SUI	0:51:15	0:51:15	+25:25	
100	73	MAFFONGELLI Mario	1951	M	M70	4	SFG STABIO	ITA	0:51:40	0:51:40	+25:49	
101	33	DEL PIETRO Gregorio	1973	M	M50	18	RC BELLINZONA	SUI	0:51:52	0:51:52	+26:02	
102	53	GIANOTTI Nemorino	1974	M	M50	19	USC CAPRIASCHESE	SUI	0:52:21	0:52:21	+26:31	
103	19	MENOZZI Franco	1963	M	M60	9	ORIENTISTI O-92	SUI	0:52:44	0:52:44	+26:54	
104	120	CASARINI Francesco	1992	M	M20	20		SUI	0:52:47	0:52:47	+26:57	
105	1	CROTTI Romana	1957	F	W60	2	RC BELLINZONA	SUI	0:52:49	0:52:49	+26:59	
106	61	CAISSUTTI Dalia	2010	F	W20	9	USC CAPRIASCHESE	SUI	0:53:48	0:53:48	+27:58	
107	28	RIVERA Adele	1958	F	W60	3	SFG BIASCA	SUI	0:54:37	0:54:37	+28:47	
108	4	PESCIALLO Flavio	1969	M	M50	20		SUI	0:54:56	0:54:56	+29:06	
109	87	BERSACOLA Dino	1949	M	M70	5	RC BELLINZINA	SUI	0:54:57	0:54:57	+29:07	
110	123	AUDOLLENT Aristeo	2008	M	U20M	10		SUI	0:56:08	0:56:08	+30:17	
111	49	BORGNA Angela	1967	F	W50	6	ASS. GREINA TRAIL	SUI	0:56:12	0:56:12	+30:22	
112	21	FRAQUELLI Giancarlo	1962	M	M60	10	USC CAPRIASCHESE	ITA	0:56:26	0:56:26	+30:36	
113	22	SOLDINI Maria	1952	F	W60	4	RC BELLINZONA	SUI	0:56:53	0:56:53	+31:03	
114	113	ARDIA Pietro	2011	M	U20M	11		SUI	0:56:57	0:56:57	+31:06	
115	27	MESIC Alissa	2000	F	W20	10		SUI	0:57:48	0:57:48	+31:58	
116	122	GRECO Athina	1998	F	W20	11		SUI	0:58:06	0:58:06	+32:16	
117	119	LATINI Amy	2015	F	W20	12	USC CAPRIASCHESE	SUI	0:58:24	0:58:24	+32:33	
118	118	GARGANTINI Davide	1981	M	M40	22		SUI	0:58:24	0:58:24	+32:34	
119	10	VÁZQUEZ GARCÍA Estefania	1994	F	W20	13	LOS TUMBITOS	ESP	0:58:25	0:58:25	+32:34	
120	11	VIZUETE ROMERO Jorge	1987	M	M20	21	LOS TUMBITOS	ESP	0:58:25	0:58:25	+32:34	
121	2	FRIGERI Mauro	1979	M	M40	23		SUI	0:59:02	0:59:02	+33:12	
122	78	PIATTINI Anais	2011	F	W20	14	USC CAPRIASCHESE	SUI	0:59:23	0:59:23	+33:32	
123	91	RUSCA Patrizia	1960	F	W60	5	CO AGET LUGANO	SUI	0:59:57	0:59:57	+34:07	

Generale

pos	pett.	atleta	anno	sex	cat.	p.cat	team	naz	race time	real time	gap	media
124	124	CATTANEO Marta	1998	F	W20	15		SUI	1:03:50	1:03:50	+37:59	
125	23	COSENZA Cosimo	1985	M	M40	24		ITA	1:04:27	1:04:27	+38:37	

Tesserete - Gola di Lago

Data

18/04/2026

Gara

COPPA MONTAGNA

Luogo

Tesserete

Generale Maschile

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
1	12	ELIA Andrea	1994	M20	1	A. S. D. LA RECASTELLO	ITA	0:25:51	0:25:51		
2	64	MAGRI Luca	1990	M20	2	LA RECASTELLO	ITA	0:28:24	0:28:24	+2:34	
3	66	OEHEN Lukas	1986	M40	1	GAB	SUI	0:30:44	0:30:44	+4:53	
4	80	DELORENZI Roberto	1997	M20	3	USC CAPRIASCHESE	SUI	0:31:14	0:31:14	+5:24	
5	18	LARDI Michele	1996	M20	4	USC CAPRIASCHESE	SUI	0:31:44	0:31:44	+5:54	
6	83	OLIVA Jonas	2006	M20	5	GAB BELLINZONA	SUI	0:32:07	0:32:07	+6:17	
7	36	DOMENICONI Alex	1979	M40	2	USC CAPRIASCHESE	SUI	0:32:39	0:32:39	+6:48	
8	35	DEMASI Danilo	1989	M20	6	SAM	SUI	0:33:01	0:33:01	+7:11	
9	8	CELLERINO Daniel	1998	M20	7	SFG BIASCA	SUI	0:33:35	0:33:35	+7:45	
10	13	STAMPANONI Elia	1977	M40	3	USC CAPRIASCHESE	SUI	0:33:48	0:33:48	+7:57	
11	34	PREMOLI Marco	1966	M60	1		ITA	0:34:20	0:34:20	+8:30	
12	45	ZANETTI Alessandro	1982	M40	4	USC CAPRIASCHESE	SUI	0:34:35	0:34:35	+8:44	
13	110	FRASCHINA Nicola	1990	M20	8	FC STELLA	SUI	0:35:41	0:35:41	+9:51	
14	75	GYGAX Samuele	2010	U20M	1	FRECCE GIALLE MALCANTONE	SUI	0:36:07	0:36:07	+10:17	
15	84	OLIVA Loris	1975	M50	1	TEAM FAMILY RUN	SUI	0:36:10	0:36:10	+10:20	
16	117	HAMED Harem	1983	M40	5		SUI	0:36:14	0:36:14	+10:23	
17	59	HORN Lorenz	1978	M40	6	CDO BIKE & RUN	GER	0:36:17	0:36:17	+10:27	
18	42	GIANOTTI Mattia	2010	U20M	2	USC CAPRIASCHESE	SUI	0:36:23	0:36:23	+10:33	
19	76	PURICELLI Christian	1985	M40	7		SUI	0:36:38	0:36:38	+10:48	
20	32	BADER Alessandro	1976	M50	2	USC CAPRIASCHESE	SUI	0:36:45	0:36:45	+10:55	
21	56	POLTI Lino	1963	M60	2	RC BELLINZONA	SUI	0:36:47	0:36:47	+10:57	
22	126	FORNI Ruben	1975	M50	3	ILE FORMA	SUI	0:36:54	0:36:54	+11:04	
23	127	GEMPERLE Serafino	1976	M50	4	TRIATHLON TEAM TICINO	SUI	0:37:12	0:37:12	+11:22	
24	41	VOLGER Gionata	1974	M50	5	USC CAPRIASCHESE	SUI	0:37:17	0:37:17	+11:27	
25	95	BUTTI Noris	1979	M40	8		ITA	0:37:21	0:37:21	+11:31	
26	25	PETRILLI Maurizio	1980	M40	9		SUI	0:37:24	0:37:24	+11:33	
27	39	STAMPANONI Jonathan	1970	M50	6	USC CAPRIASCHESE	SUI	0:37:25	0:37:25	+11:35	
28	92	STREPPARAVA Mauro	1977	M40	10	ATLETICA PIDAGGIA 1528	ITA	0:37:37	0:37:37	+11:47	
29	103	SINGENBERGER Martino	1985	M40	11		SUI	0:37:41	0:37:41	+11:51	
30	67	CATTANEO Giacomo	1988	M20	9		SUI	0:37:54	0:37:54	+12:04	
31	106	MERONI Alberto	1970	M50	7	KEFORMA TEAM	SUI	0:38:01	0:38:01	+12:11	
32	98	DE SAVELLI Luca	1995	M20	10		SUI	0:38:12	0:38:12	+12:22	
33	62	SARINELLI Tiziano	1985	M40	12	SAM MASSAGNO	SUI	0:38:15	0:38:15	+12:24	
34	74	POLA Isaac	2008	U20M	3	US ASCONA	SUI	0:38:31	0:38:31	+12:41	
35	43	SCARLIONI Samuele	1987	M20	11	USC CAPRIASCHESE	SUI	0:38:38	0:38:38	+12:47	
36	54	GAMBONINI Davide	1968	M50	8	GAB	SUI	0:38:56	0:38:56	+13:06	
37	38	TORRI Andrea	1992	M20	12		ITA	0:39:14	0:39:14	+13:23	
38	108	STORNI Raffaele	1986	M40	13	USC CAPRIASCHESE	SUI	0:39:23	0:39:23	+13:32	
39	15	BERNHARD Simone	2012	U20M	4	GIORGIO E DENISE BERNHARD	SUI	0:39:34	0:39:34	+13:44	
40	5	STAMPANONI Leonida	1974	M50	9	USC CAPRIASCHESE	SUI	0:39:35	0:39:35	+13:45	
41	88	MACCONI Guido	1980	M40	14	USC CAPRIASCHESE	SUI	0:39:37	0:39:37	+13:47	
42	125	OBERTI Marco	1964	M60	3	CDO BIKE E RUN	SUI	0:39:40	0:39:40	+13:50	
43	72	CASCIA Diego	1980	M40	15	SAM MASSAGNO	ITA	0:39:56	0:39:56	+14:05	
44	104	WIDMER Claudio	1980	M40	16		SUI	0:40:07	0:40:07	+14:17	
45	65	CAMPORATI Antonio	1971	M50	10	SAM MASSAGNO	SUI	0:40:17	0:40:17	+14:27	
46	31	BRUMANA Fabiano Flavio	1993	M20	13		SUI	0:40:18	0:40:18	+14:28	
47	63	RAMELLI Nicola	1963	M60	4	SAL	SUI	0:40:33	0:40:33	+14:43	
48	37	DOMENICONI Nicolò	2013	U20M	5	USC CAPRIASCHESE	SUI	0:41:07	0:41:07	+15:17	
49	55	BERTOZZI Silvano	1968	M50	11	USC CAPRIASCHESE	SUI	0:41:22	0:41:22	+15:32	
50	52	NUSSIO David	1978	M40	17	USC CAPRIASCHESE	SUI	0:41:44	0:41:44	+15:54	
51	44	MUREDDU Ralf	1967	M50	12	USC CAPRIASCHESE	SUI	0:41:44	0:41:44	+15:54	
52	77	PIATTINI Paolo	1974	M50	13	USC CAPRIASCHESE	SUI	0:41:59	0:41:59	+16:09	
53	102	VABANESI Jgor	1980	M40	18	PORSCHEI SELVADIGH	SUI	0:42:03	0:42:03	+16:13	
54	69	MAINETTI Filippo	1995	M20	14	CROCE VERDE BELLINZONA	SUI	0:42:28	0:42:28	+16:37	
55	20	BRUSORIO Claudio	1959	M60	5	SFG BIASCA	SUI	0:42:28	0:42:28	+16:38	
56	121	BOZZINI Ivano	1993	M20	15	GREINA TEAM	SUI	0:42:42	0:42:42	+16:52	
57	3	BIANCHI Daniele	1988	M20	16		SUI	0:43:30	0:43:30	+17:40	
58	114	BRALLA Samuel	1978	M40	19	BRADIPI DEL GAZZIROLA	SUI	0:43:56	0:43:56	+18:06	
59	116	SONVICO Pietro	2011	U20M	6		SUI	0:43:58	0:43:58	+18:07	

Generale Maschile

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
60	115	ALLIO Maxime		U20M	7	ASCO LUGANO	SUI	0:44:02	0:44:02	+18:12	
61	6	BALMELLI Daniele		M40	20	GORT RODI -TREMORGIO	SUI	0:44:08	0:44:08	+18:18	
62	48	SAVI Roberto		M20	17		SUI	0:44:32	0:44:32	+18:42	
63	86	SGARBANTI Claudio		M50	14	RC BELLINZONA	ITA	0:45:02	0:45:02	+19:11	
64	109	ROVELLI Lorenzo		M20	18		SUI	0:45:15	0:45:15	+19:25	
65	47	MANGILI Flavio		M70	1	ASD RECASTELLO	ITA	0:45:22	0:45:22	+19:32	
66	112	CROCI Alessandro		U20M	8		SUI	0:45:29	0:45:29	+19:39	
67	14	BERETTA Adriano		M50	15	SP LOCARNESE	SUI	0:45:47	0:45:47	+19:57	
68	94	CRIVELLI Elio		M60	6	OCR TICINO	SUI	0:46:02	0:46:02	+20:11	
69	29	MARTINELLI Luca		M20	19		SUI	0:46:13	0:46:13	+20:22	
70	105	ODUN Luca		M40	21		SUI	0:46:55	0:46:55	+21:05	
71	60	CAISSUTTI Giosuè		U20M	9	USC CAPRIASCHESE	SUI	0:47:02	0:47:02	+21:12	
72	71	POGGIATI Roberto		M70	2	C.O. AGET LUGANO	SUI	0:47:23	0:47:23	+21:33	
73	58	ARDIA Fiorenzo		M60	7	USC CAPRIASCHESE	SUI	0:48:28	0:48:28	+22:38	
74	82	SCHWANK Luca		M50	16	GOLD SAVOSA	SUI	0:49:34	0:49:34	+23:44	
75	30	MURI Giorgio		M70	3	RC BELLINZONA	SUI	0:50:38	0:50:38	+24:47	
76	89	ZANZI Gabriele		M60	8		SUI	0:50:53	0:50:53	+25:03	
77	111	CROCI Oscar		M50	17		SUI	0:51:01	0:51:01	+25:10	
78	73	MAFFONGELLI Mario		M70	4	SFG STABIO	ITA	0:51:40	0:51:40	+25:49	
79	33	DEL PIETRO Gregorio		M50	18	RC BELLINZONA	SUI	0:51:52	0:51:52	+26:02	
80	53	GIANOTTI Nemorino		M50	19	USC CAPRIASCHESE	SUI	0:52:21	0:52:21	+26:31	
81	19	MENOZZI Franco		M60	9	ORIENTISTI O-92	SUI	0:52:44	0:52:44	+26:54	
82	120	CASARINI Francesco		M20	20		SUI	0:52:47	0:52:47	+26:57	
83	4	PESCIALLO Flavio		M50	20		SUI	0:54:56	0:54:56	+29:06	
84	87	BERSACOLA Dino		M70	5	RC BELLINZONA	SUI	0:54:57	0:54:57	+29:07	
85	123	AUDOLLENT Aristeo		U20M	10		SUI	0:56:08	0:56:08	+30:17	
86	21	FRAQUELLI Giancarlo		M60	10	USC CAPRIASCHESE	ITA	0:56:26	0:56:26	+30:36	
87	113	ARDIA Pietro		U20M	11		SUI	0:56:57	0:56:57	+31:06	
88	118	GARGANTINI Davide		M40	22		SUI	0:58:24	0:58:24	+32:34	
89	11	VIZUETE ROMERO Jorge		M20	21	LOS TUMBITOS	ESP	0:58:25	0:58:25	+32:34	
90	2	FRIGERI Mauro		M40	23		SUI	0:59:02	0:59:02	+33:12	
91	23	COSENZA Cosimo		M40	24		ITA	1:04:27	1:04:27	+38:37	

Tesserete - Gola di Lago

Data

18/04/2026

Gara

COPPA MONTAGNA

Luogo

Tesserete

Generale Femminile

pos	pett.	atleta	sex	cat.	p.cat	team	naz	race time	real time	gap	media
1	79	BONZI Vivien	2001	W20	1	BROOKS TRAIL RUNNERS	ITA	0:31:14	0:31:14		
2	99	STAMPANONI Paola	1985	W40	1	PINI MOUNTAIN RACING	SUI	0:34:25	0:34:25	+3:12	
3	97	SERAFINI Susanna	1974	W50	1	KEFORMA TEAM	SUI	0:38:01	0:38:01	+6:48	
4	68	BRAGAGNOLO Jeannette	1971	W50	2	GAB BELLINZONA	SUI	0:38:11	0:38:11	+6:58	
5	9	BERTOZZI Elisa	2000	W20	2	USC CAPRIASCHESE	SUI	0:40:11	0:40:11	+8:58	
6	26	GADONI Valeria	1981	W40	2	USC	SUI	0:40:21	0:40:21	+9:08	
7	57	POLTI Ylenia	1972	W50	3	RC BELLINZONA	SUI	0:41:19	0:41:19	+10:06	
8	85	OLIVA Aline	2009	W20	3	GAD DONGIO	SUI	0:41:41	0:41:41	+10:28	
9	50	DOMENICONI Lia	1990	W20	4		AFG	0:42:08	0:42:08	+10:55	
10	96	TRAPLETTI Giulia	1997	W20	5	TASSI DEL MALCANTONE	SUI	0:42:57	0:42:57	+11:44	
11	51	QUARANTINI Sara	1989	W20	6	RCB BELLIZONA	SUI	0:45:23	0:45:23	+14:10	
12	24	KATHARINA Wangler	1967	W50	4	RC BELLINZONA	SUI	0:45:37	0:45:37	+14:23	
13	17	SCHOLZ Martina	1978	W40	3	GREINA TRAIL	SUI	0:46:16	0:46:16	+15:02	
14	90	STEPANOVA Natalya	1984	W40	4	SAL LUGANO	SUI	0:46:19	0:46:19	+15:06	
15	46	CAVALLI Giovanna	1959	W60	1	ATLETICA CASONE NOCETO	ITA	0:46:32	0:46:32	+15:18	
16	93	CONZA Lisa	1983	W40	5	SAM MASSAGNO	SUI	0:48:10	0:48:10	+16:57	
17	16	REYMOND Manuela	1979	W40	6	TEAM GREINA TRAIL	SUI	0:48:33	0:48:33	+17:19	
18	70	RIGAMONTI Sonja	1986	W40	7	CROCE VERDE BELLINZONA	SUI	0:49:50	0:49:50	+18:37	
19	101	DANESI Lara	1979	W40	8	PURSCEI SELVADIGH	SUI	0:50:13	0:50:13	+19:00	
20	81	TUNESI SCHWANK Barbara	1975	W50	5	ASCO LUGANO	SUI	0:50:23	0:50:23	+19:10	
21	107	BOTTINI Alessandra	1998	W20	7		SUI	0:50:35	0:50:35	+19:22	
22	100	NEGRETTI Emma	1998	W20	8		SUI	0:51:15	0:51:15	+20:02	
23	1	CROTTI Romana	1957	W60	2	RC BELLINZONA	SUI	0:52:49	0:52:49	+21:36	
24	61	CAISSUTTI Dalia	2010	W20	9	USC CAPRIASCHESE	SUI	0:53:48	0:53:48	+22:35	
25	28	RIVERA Adele	1958	W60	3	SFG BIASCA	SUI	0:54:37	0:54:37	+23:24	
26	49	BORGNA Angela	1967	W50	6	ASS. GREINA TRAIL	SUI	0:56:12	0:56:12	+24:59	
27	22	SOLDINI Maria	1952	W60	4	RC BELLINZONA	SUI	0:56:53	0:56:53	+25:40	
28	27	MESIC Alissa	2000	W20	10		SUI	0:57:48	0:57:48	+26:35	
29	122	GRECO Athina	1998	W20	11		SUI	0:58:06	0:58:06	+26:53	
30	119	LATINI Amy	2015	W20	12	USC CAPRIASCHESE	SUI	0:58:24	0:58:24	+27:10	
31	10	VÁZQUEZ GARCÍA Estefania	1994	W20	13	LOS TUMBITOS	ESP	0:58:25	0:58:25	+27:11	
32	78	PIATTINI Anais	2011	W20	14	USC CAPRIASCHESE	SUI	0:59:23	0:59:23	+28:09	
33	91	RUSCA Patrizia	1960	W60	5	CO AGET LUGANO	SUI	0:59:57	0:59:57	+28:44	
34	124	CATTANEO Marta	1998	W20	15		SUI	1:03:50	1:03:50	+32:36	

L'**USC** Capriaschese ringrazia di cuore:

- Partecipanti e collaboratori
- I preziosi sostenitori e inserzionisti del libretto
- Arena sportiva Capriasca e Valcolla
- Comune di Capriasca
- I samaritani di Agno
- La sorgente – Alpe Santa Maria Gola di Lago
- Isotom
- Polizia Torre di Redde

E vi da un arrivederci alla 45^a edizione nel 2027.